

## Suffering Inside

16 count / 4-wall /  
Low Intermediate



Choreographie:

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Music: Happy People - X Ambassadors, Teddy Swims + Jac Ross

Intro: 16 Counts.

### SECTION 1: CROSS, SIDE, BEHIND, 1/2L SWEEP, CROSS, SIDE, BEHIND, 3/4L SWEEP, CROSS, POINT, STEP, HITCH, COASTER STEP, STEP PIVOT 1/2R

- 1+a2      Cross R over L (1) Step L to L (+), Step R behind L (a), 1/4L Step L forward and Sweep R around to do another 1/4 L (2) 6'00
- 3+a4      Cross R over L (3), Step L to L (+), Step R behind L (a), 1/4L Step L forward and Sweep R around to do another 1/2 L (4) 9'00
- 5+6+      Step R forward slightly into the L diagonal (5), Point L to L (+), Step L forward (6), Hitch R knee,
- 7+a8      R step back (7), Step L next R (+), Step R forward (a), Step L forward and pivot 1/2 R keeping weight into L foot (8)

### SECTION 2: TWINKLE L, STEP KICK, COASTER STEP, STEP 1/2L ARABESQUE, BACK STEP, BACK ROCK, RUN RUN RUN, CROSS ROCK SIDE

- 1+a2      Cross R over your L (1), Side Rock L to L (+), Recover with 1/8R (a), as you Step L forward, Low Kick R forward (2) 4'30
- 3+a4      Step R back (3), Step L next to R (+), Step R forward (a), as you Step L forward, you do a 1/2L and kick R back (4), 10'30
- 5-6      Step R back (5), Rock L back (6)
- 7+a8+a    run R,L,R forward (7+a), Cross Rock L forward (8), Recover (+), turn 1/8L Step L to L (a)

### AFTER THE 4TH WALL AND FACING 12, YOU HAVE A TAG

TAG: Step, 1/2L, Step, 1/2L

- 1-2      Facing the L Diagonal, Step R forward (1), 1/2L Step L forward (2)
- 3-4      Step R forward (3), 1/2L Step L forward (4)