

Don't Take It So Hard

64 count / 4-wall
Improver



Choreographie:

Roz Chaplin

01/2012

Musik: Don't Take It So Hard – Mark Everett. CD: Guardians of The Grain (116bpm)

Intro: 16 Counts

1 – 8 ROCK, RECOVER, COASTER STEP, ROCK RECOVER, SHUFFLE ½ TURN

- 1, 2 Rock forward right, recover onto left
- 3 + 4 Step back on right, close left beside right, step forward on right
- 5, 6 Rock forward left, recover onto right
- 7 + 8 Shuffle ½ turn left, stepping left, right, left (06.00)

9 – 16 SKATE, FORWARD, SKATE FORWARD, SHUFFLE, ROCKING CHAIR

- 1, 2 Skate right forward, skate left forward
- 3 + 4 Step right forward, close left beside right, step right forward
- 5, 6 Rock forward on left, recover onto right
- 7, 8 Rock back on left, recover onto right

17 – 24 SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1, 2 Rock left to left side, recover onto right
- 3 + 4 Cross left over right, step right to right side, cross left over right
- 5, 6 Rock right to right side, recover onto left
- 7 + 8 Cross right over left, step left to left side, cross right over left

25 – 32 LEFT SIDE TOGETHER, SHUFFLE FORWARD, SIDE TOUCH, SIDE TOUCH

- 1, 2 Step left to left side, close right beside left (taking weight)
- 3 + 4 Step forward left, close right beside left, step forward left
- 5, 6 Step right to right side, touch left beside right
- 7, 8 Step left to left side, touch right beside left

33 – 40 MONTEREY ¼ TURN, MONTEREY, ¼ TURN

- 1, 2 Point right to right side, ¼ turn right stepping right to right side (09.00)
- 3, 4 Point left to left side, step left beside right
- 5, 6 Point right to right side, ¼ turn right stepping right to right side (12.00)
- 7, 8 Point left to left side, step left beside right (taking weight)

41 – 48 WALK FORWARD RIGHT, LEFT, STEP LOCK STEP, STEP ¼, CROSS SHUFFLE

- 1, 2 Walk forward right, walk forward left
- 3 + 4 Step forward right, lock left behind right, step forward right
- 5, 6 Step forward on left ¼ turn right
- 7 + 8 Cross left over right, step right to right side, cross left over right (03.00)

49 – 56 ROCK, RECOVER, TRIPLE FULL TURN, CROSS, SIDE, BEHIND, SIDE, CROSS

- 1, 2 Rock forward on right, recover onto left
- 3 + 4 Triple step full turn right stepping- right, left, right
- 5, 6 Cross left over right, step right to right side
- 7 + 8 Cross left behind right, step right to right side, cross left over right
- 3 + 4 **Easy Option bei 3 + 4 Tanze einen Coaster Step mit rechts**

57 – 64 RIGHT SIDE TOGETHER, SHUFFLE FORWARD, LEFT SIDETOGETHER, SHUFFLE FORWARD

- 1, 2 Step right to right side, close left beside right
- 3 + 4 Step forward on right, close left beside right, step forward on right
- 5, 6 Step left to left side, close right beside left
- 7, 8 Step forward on left, close right beside left, step forward on left